Course Syllabus

1	**Course title**	Psychiatric Mental Health Nursing	
2	**Course number**	701303	
3	**Credit hours**	3 credit hours (Theory)	3 credit hours (Theory)
	Contact hours (theory, practical)	3 contact hours (Theory)	
4	**Prerequisites/corequisites**	0701202	
5	**Program title**	B.Sc. in Nursing	
6	**Program code**	-	
7	**Awarding institution**	The University of Jordan	
8	**School**	Nursing	
9	**Department**	Community Health Nursing Department	
10	**Course level**	Third year	
11	**Year of study and semester (s)**	2nd semester 2022-2023	
12	**Other department (s) involved in teaching the course**	None	
13	**Main teaching language**	English	
14	**Delivery method**	■Face to face learning □Blended □Fully online	
15	**Online platforms(s)**	□Moodle □Microsoft Teams □Skype □Zoom □Others…………	
16	**Issuing/Revision Date**		

18 Instructors:

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19 Course Description:

This course is designed for the nursing students enrolled in B.Sc. of nursing. The first objective of this course is to provide students with the basic concepts of the value of humanistic & holistic approach to nursing care. It provides them with concepts, theories & principles that will illuminate their clinical experiences. The nursing process is used as organizing framework, each unit in the course will address a mental health concept as related to its clinical manifestation, etiology, assessment, nursing diagnosis, & nursing interventions that reflects the therapeutic use of self in carrying dependent & interdependent nursing roles & the integration of different therapeutic modalities. This course requires the student's participation in class discussions, analyzing case studies & bringing the clinical experience into classroom

20 Course aims and outcomes:

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A- Aims:

This course is designed for the nursing students enrolled in B.Sc. of nursing. The first objective of this course is to provide students with the basic concepts of the value of humanistic & holistic approach to nursing care. It provides them with concepts, theories & principles that will illuminate their clinical experiences. The nursing process is used as organizing framework, each unit in the course will address a mental health concept as related to its clinical manifestation, etiology, assessment, nursing diagnosis, & nursing interventions that reflects the therapeutic use of self in carrying dependent & interdependent nursing roles & the integration of different therapeutic modalities. This course requires the student's participation in class discussions, analyzing case studies & bringing the clinical experience into classroom

B- Students Learning Outcomes (SLOs):

Upon successful completion of this course, students will be able to:

PLOs SLOs of the course	SLO (1)	SLO (2)	SLO (3)	SLO (4)
1. Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.	NA	NA	NA	NA
2. Apply principles of effective communication with peers, individuals, families, groups, and health care team.	Identify different types of psychiatric disorders and related interventions	Illustrate assessment abilities for clients with different psychiatric disorders	NA	NA
3. Utilize critical thinking and problem solving in planning and implementing	Identify different causes of psychiatric diagnosis	Illustrate assessment abilities for clients with different psychiatric disorders	Differentiate between the different medical	Recognize ethical issues related to mental health field

nursing care for individuals, families, and groups.			psychiatric diagnosis	
4. Apply professional standards, values, and behaviors in providing nursing care for individuals, families, and groups.	Apply systematic problem-solving and decision-making models/tools to maximize the quality of personal decision making.	Identify appropriate strategies for actively creating constructive psychiatric nursing care and intervention necessary to achieve to nursing goals of care.	Develop political and personal power-building techniques that can be used in the change agent, advocate, and leader–manager roles	NA
5. Demonstrate safety measures to protect self, individuals, families, and groups.	Describe major components of an effective and efficient psychiatric nursing care	Discuss strategies and tools psychiatric nurse can use to assure client safety and to promote quality psychiatric nursing care within organizations.	NA	NA
6. Translate organizational, leadership, inter professional collaboration, and management concepts into nursing care for individuals, families, and groups.	Demonstrate ability to understand concepts, principles regarding psychiatric nursing care	Analyze selected psychiatric theories pertinent to the delivery of quality healthcare in various settings.	Examine the process, principles and strategies of problem-solving and decision making in psychiatric nursing care.	Apply systematic problem-solving and decision-making models/tools to maximize the quality of personal decision making.
7. Utilize evidence based practice in providing care for individuals, families, and groups.	to enhance undersigning of mental health needs of individuals and their families	Apply principles of individuals and groups therapy	understand the role of families as caregivers of individuals with mental illnesses.	NA

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21. Topic Outline and Schedule:

Sunday/ Tuesday/ Thursday

Week	Lecture	Topic	Intended Learning Outcome	Learning Methods (Face to Face/Blended/ Fully Online)	Platform	Synchronous / Asynchronous Lecturing	Evaluation Methods	Resources
1	1.1	Introduction to mental health Nursing, mental health, and mental illness.		All sessions are conducted FACE to FACE			Midterm	Townsend Chap 1, 11
	1.2							
	1.3	Ethical and legal issues in mental health nursing					Midterm	Townsend Chap 14
2	2.1	Nursing care of patients with schizophrenia					Midterm	Townsend Chap 14
	2.2							
	2.3							
3	3.1	Nursing care of patients with schizophrenia					Midterm	Townsend Chap 14
	3.2							
	3.3						Midterm	Townsend Chap 14
4	4.1	Nursing care of patients with schizophrenia					Midterm	Townsend Chap 14
	4.2							
	4.3							
5	5.1	Nursing care of patients with					Midterm	Townsend Chap 15
	5.2							
	5.3							

		depressive disorders				
6	6.1	Nursing care of patients with bipolar disorders			Final exam	Townsend Chap 16
	6.2					
	6.3					
7	7.1	Nursing care of patients with anxiety Disorders.			Final exam	Townsend Chap 18
	7.2					
	7.3					
8	8.1	Nursing care of patients with OCD & other disorders			Final exam	Townsend Chap 18
	8.2					
	8.3					
9	9.1	Nursing care of patients with trauma and stress related disorders			Final exam	Townsend Chap 19
	9.2					
	9.3					
10	10.1	Nursing Care of patients with substance related and addictive disorders			Final exam	Townsend Chap 14
	10.2					
	103					
11	11.1	Nursing Care of patients with substance related and addictive disorders			Final exam	Townsend Chap 14
	11.2					
	11.3					
12	12.1	Nursing Care of patients with			Final exam	
	12.2					

	12.3	substance related and addictive disorders						Townsend Chap 14	
13	13.1	Nursing care of patient with Somatic symptoms & related disorders					Final exam	Townsend Chap 25	
	13.2								
	13.3								
14	14.1	Nursing care of patients with Personality disorders						Townsend Chap 23	
	14.2								
	14.3						Final exam		
15	15.1	Nursing care of patients with Personality disorders					Final exam	Townsend Chap 23	
	15.2								
	15.3								
16	Final exam								

Monday / Wednesday

Week	Lecture	Topic	Intended Learning Outcome	Learning Methods (Face to Face/Blended/ Fully Online)	Platform	Synchronous / Asynchronous Lecturing	Evaluation Methods	Resources
1	1.1	Introduction to mental health Nursing, mental health, and mental illness.					Midterm	Townsend Chap 1, 11
	1.2	Ethical and legal issues in mental health nursing					Activity 1	Townsend Chap 14

Week	Lecture	Topic	Intended Learning Outcome		Evaluation Methods	Resources
2	2.1	Nursing care of patients with schizophrenia			Midterm	Townsend Chap 14
	2.2					
3	3.1	Nursing care of patients with schizophrenia			Midterm	Townsend Chap 14
	3.2					
4	4.1	Nursing care of patients with schizophrenia			Midterm	Townsend Chap 14
	4.2					
5	5.1	Nursing care of patients with depressive disorders			Midterm	Townsend Chap 15
	5.2					
6	6.1	Nursing care of patients with bipolar disorders			Midterm	Townsend Chap 16
	62					
7	7.1	Nursing care of patients with anxiety Disorders.			Final exam	Townsend Chap 18
	7.2					
8	8.1	Nursing care of patients with OCD & other disorders			Final exam	Townsend Chap 18
	8.2					
9	9.1	Nursing care of patients with trauma and			Final exam	Townsend Chap 19
	9.2					

		stress related disorders				
10	10.1	Nursing Care of			Final exam	
	10.2	patients with substance related and addictive disorders				
11	11.1	Nursing Care of			Final exam	Townsend Chap 14
	11.2	patients with substance related and addictive disorders				
12	12.1	Nursing Care of patients with substance related and addictive			Final exam	Townsend Chap 14
	12.2	disorders				
13	13.1	Nursing Care of patients with eating disorder			Final exam	Townsend Chap 25
	13.2					
14	14.1	Nursing care of patients with Personality disorders			Final exam	Townsend Chap 20
	14.2					
15	15.1	Nursing care of patients with Personality disorders			Final exam	Townsend Chap 20
	15.2					
16	Final exam					

22 Evaluation Methods:

Opportunities to demonstrate achievement of the SLOs are provided through the following assessment methods and requirements:

Evaluation Activity	Mark	Topic(s)	SLOs	Period (Week)	Platform
Mid-term Exam	30	Week 1-6	See schedule	Week 6	Online
Quizzes	20	TBD	TBD	TBD	Face to face
Final Exam:	50	Week 7-12	See schedule	Week 16	Paper and Pencil
Total	100	100%			

23 Course Requirements

(Students should have internet connection, and account on a Microsoft teams)

24 Course Policies:

A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.
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B- Absences from exams and handing in assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.

- Assignments and projects should be submitted to the instructor on the due date.

C- Health and safety procedures:

Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.

D- Honesty policy regarding cheating, plagiarism, misbehavior:

Cheating, plagiarism, misbehavior are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.
  Using any media (including mobiles) during the exam

- The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29): http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx

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E- Examination Instructions for Students

- Bring with you full exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed.
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time
- It's not allowed to enter the exam room late. In case of coming late you have to contact the course coordinator immediately
- It's not allowed to leave the Exam room before the end of the END OF AT LEAST ONE-THIRD OF THE EXAM TIME.
- Write your name and university number on the exam paper and computerized sheet using Blue pen only.
- Use pencil ONLY to shade your answers on the computerized answer sheet.
- Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed.
- For Re-exam issue refer back to the university rules.

E- Grading policy:

A grade of (D) is the minimum passing grade for the course.

G- Available university services that support achievement in the course:

Faculty members website

- E-Learning websitePlagiarism which means presenting another person's work or ideas as one's own, without attribution.

  Using any media (including mobiles) during the exam

- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29): http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx**

E- Grading policy:

F- Available university services that support achievement in the course:

25 References:

A- Required book(s), assigned reading and audio-visuals:

Townsend Mary C., Morgan, K.I. (2017). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (7th Ed) F.A. Davis Company; Philadelphia

B- Recommended books, materials, and media:

Videbeck Sheila A. (2014) Psychiatric-Mental Health Nursing (6th Ed). Wolters Kluwer health; New York

Boyd, M. A. (Ed.). (2008). *Psychiatric nursing: Contemporary practice*. lippincott Williams & wilkins.

Name of Course Coordinator: *Dr. Latefa Ali Dardas*   Signature: --------------------- Date: ------------------
Head of Curriculum Committee/Department: --------------------------- Signature: ---------------------------------
Head of Department: Dr. Mamdouh Alhneiti   Signature:
--------------------------------------- Signature: -----------------------------
Head of Curriculum Committee/Faculty: -------------------------------------- Signature: -------------------------
Dean: --- Signature: ---